



When the time is ripe for potty training, your baby will exhibit definite signs of readiness. This handy checklist will help you determine if your little one is ready to ditch the diapers for good.

Physical development

- Your child can sit with or without support.
- Your child can squat without losing balance and can walk without support.

Cognitive development

- Child will search for a hidden toy, possibly by eye pointing.
- Child can copy an action.
- Child engages in make-believe play.

Language development

- Child can understand a simple request eg. Come here.
- Child can communicate needs by words, signs or gesture.

Toileting

- Child shows awareness of being wet/soiled.
- Child can stay dry for at least one hour.
- Child is aware of use of the potty/toilet.